# Our School Family Workers have helped families, children and young people to:

- Feel more confident
- Be more resilient, able to cope with difficult situations
- Improve attendance
- Be happier in school and also at home
- Become more organised
- Manage anger
- Build better relationships

### Your issues may be varied, for example:

- Changing schools
- Communicating with your child
- General routines (bedtime, eating, sleep)
- Managing challenging behaviour
- Bullying
- Lone parenting
- Finding time for yourself
- Wellbeing for you and your family
- Financial





#### Schools we work with:

#### **Hemel Hempstead**

Astley Cooper, Aycliffe Drive, Belswains, Broadfield,
Chambersbury, DESC, Hammond, Haywood Grove,
Hobbs Hill Wood, Hobletts Manor Infants,
Holtsmere End Infants, Jupiter, Leverstock Green,
Lime Walk, Maple Grove, St Albert the Great,
The Reddings, Tudor, Woodfield, Yewtree, Flamstead,

#### **Berkhamsted & Tring**

Ashlyns, Bridgewater, Goldfield, Greenway, Great Gaddesden, Little Gaddesden, Long Marston, Potten End, St Mary's, St Thomas More, Swing Gate, Victoria, Westfield

#### \*Signposting Service only

Adeyfield, Brockswood, Hobletts Manor Juniors, Holtsmere End Juniors, Longdean, Markyate, Gaddesden Row, Thomas Coram, Aldbury, Bishop Wood, Dundale, Grove Road, St Bartholomew's, Tring



Free,
Confidential
Advice and
Support
Service for Local
Families

#### What we offer

- 1-2-1 sessions with our family workers
- Home visits
- Surgeries at your local school/online
- Subject specific online workshops
- Parenting advice and courses
- Help to access local services
- Signposting to counselling wellbeing services
- Signposting to adult learning and development
- Positive activities for children, young people and their families
- Domestic abuse support
- Family breakdown support
- Debt advice & signposting
- SEND advice & signposting
- Wellbeing advice for children and young people



#### **School Family Worker**

A personal and confidential service that addresses any needs or concerns raised by the family and school



### A rolling programme of workshops is offered throughout the year:

- Applying and Moving on to Secondary School
- Anxiety and Attendance
- Helping your child with their anger
- Promoting healthy sleep for your child
- Helping your child with their worries

Workshops are held online and also in person.





#### How to access help

Please contact your school directly to request a meeting with a School Family Worker or alternatively please contact us on the number below or follow the link to our website referral form to request support/and or advice

## What families have said about us

"Understanding and compassionate, but offering practical support"

"I feel so empowered when I leave our meetings"

"It was extremely useful to talk these things through"

"Thank you for the great tips"

Dacorum Family Services North & East c/o Hobbs Hill Wood Primary School Office: 01442 401222 Ext 5 https://dacorumfamilyservices.org.uk/contact-us/

